



# ST. MONICA'S SCHOOL NEWSLETTER

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Dear Families,

Last week across Australia we celebrated National Volunteer Week. I would like to acknowledge all the volunteers who work with us each week at school to ensure that the teachers, students, Admin and maintenance personnel get all the help they need to keep our school going. How lucky we are to have you! Anyone who has spent time in or around Saint Monica's will say that it is rewarding but I am aware that you give of your time and talents for free and your generosity is certainly appreciated.

The theme for Volunteer Week this year is 'Making a World of Difference'. This is certainly an apt theme when we stop to consider the nature of the work you do. Our students are the future generation of decision makers, policy writers, law enforcers, educators, medical experts, artists, astronauts and parents. The children we work with today are the ones who will guide the future of our community in so many ways. With this in mind I cannot think of a more worthy task than volunteering at Saint Monica's or in any school setting. So, to all our volunteers, we say **"Thank-You!"**. Without your help we would continue to provide a rich education for all students, but I can't guarantee that it would be as rich as it currently is.

## Re-development of School Oval.

Now is your chance to put forward your wish list for our school oval. We are seeking ideas on how to redevelop the oval if you have any suggestions we would love to hear from you. All suggestions must be submitted in writing addressed to **Mr Johnson** and posted in the mail box located outside the office by **Wednesday June 12th**.



Please be aware when the Crossing supervisors are on duty you must obey the road rules and wait for the whistle before crossing the road. It has been brought to our attention that parents crossing with their children are NOT waiting for the whistle to signal it is safe to cross.

*Bapak Sayang,*

*Dear Father,*

*Terima kasih untuk guru kami, sekolah  
Thank you for our teachers, our school,  
kami, teman-teman kami dan keluarga kami.  
our friends and our families.*

*Bantu kami untuk belajar, berdoa, dan  
Help us to learn, pray and  
berbagi bersama untuk menjadikan hari ini  
share together to make today  
hari yang indah bagi semua.  
a wonderful day for everyone.*

*Amin*

*Amen*

### Sent home over the last fortnight!

- Dental Screen Consent forms (due back by 6/6/19)
- Sandpiper
- PAM (Students with out consent will be excluded from excursions, internet etc.)

### Assembly

Due to the Public Holiday our next  
Assembly in the Jaara Centre.  
Will be **Tuesday 11th June at 2.50pm**.

*Focus phrase for the fortnight:*

**Terima Kasih**

*(Thank you)*

2020 Prep Enrolments are filling fast, if you have a child commencing school next year and have not already enrolled your child please call the office immediately. Other wise we may not guarantee your child a position at St Monica's.

# Two parents - one wavelength

*You would have to be hiding under rock to realise that fathers are now expected to step up to the plate and take their fair share of the parenting role.* The message has been out for more than a decade for fathers to become fully involved and engaged in their children's lives.

Still the greatest challenge is for men and women to work together to raise their children. In the past when roles were split along gender lines parenting together was simple. Mothers were the carers/nurturers/chief cooks and bottle washers and fathers were the providers who brought home the bacon. "Go see your mother" was the answer to most children enquiries that were directed at fathers. They tended to defer most domestic matters to a higher authority.

Now the 'new family' requires men and women to work together to raise children and that is not as easy as it may seem. Differences in parenting styles as well as differences between genders need to be negotiated if outcomes for children are to be maximised. Partners who are separated can still work as a team if they have a willingness to put personal issues aside and act in the best interests of their children.

To help you work effectively with your partner consider the following three concepts:

**COMMUNICATE:** Couples who work well together fine-tune their parenting by talking about a whole range of issues related to children. If one parent takes more responsibility for children then try to involve the other parent in all sorts of decisions ranging from the minor (e.g. what they should be fed) to the major (e.g.

what school they should go to). If attempts at communicating fall on deaf then don't stop talking – be like a youngest child and be persistent until you get the response you want.

**COMPROMISE:** Rarely do both partners agree about everything regarding children and neither they should. One partner may be too strict while the other too lenient. One may believe kids need plenty of encouragement while the other is more of a fault-finder. The differences between two people are healthy but they can lead to conflict. Often the best outcomes for children come when partners compromise and learn to find some common ground.

**KEEP OUT:** Parents who work well together know when to keep out of conflict or an argument between a child and the other parent. Some children are experts at dragging a parent onside when there is conflict. The maxim should be along these lines – 'That is an issue between you and your father. You two work it out yourselves.'

Parenting is rarely an even 50-50 split as one usually takes on a more hands-on or active leadership role than the other. But the real challenge lies in both partners getting their parenting act together. When this happens the outcomes for kids is maximised as one and one equals three. Two parents, one wavelength – worth working towards!



## Quick Parenting Quiz

*True or false.*

1. In a recent Australian survey the majority of teenagers rated the parenting ability of

*their mothers and fathers highly.*

2. One in five children under the age of five are only children.

Answers:

1. True. In a survey published in The Australian Reader's Digest over 80 per cent of 14-18 year olds polled gave their parents at least a very good rating

when judging their parenting skills.

2. False (only just), 17.5 per cent of children under age are only children.

## Vitamins for parents

How will your children remember you?

Do any of these of these stereotypes sound familiar: Disneyland Mum or Dad, King of Play, Attila the Hun, Parenting Nazi and Morning Grump? To be truthful, you are probably all these at times depending on your mood. Children need to see many facets of our personalities, as there is a very good likelihood they will grow up and become like us.

The four phases of childhood go something like this:

When children are young they *adore* their parents. When they go to school they *accept* them. They become teenagers and *judge* their parents. Then they move into adulthood and they become *like* them. That can be a little scary!

## Bright idea



When children ask you something difficult or put you on the spot with a request for a toy, item of clothing or to go out, get into the habit of deferring to the other parent. "I hear what you say but I am not sure if it is a good idea. I'll check with your mother/father and get back to you." Bring the other parent into the picture as often as practical.

## Wise & Witty Words

"Your kids learn as much from the way you say 'good morning' to a stranger than from any lecture."

Andrew Denton

"Parents are the bones on which children cut their teeth."

Peter Ustinov







PROUDLY FUNDED AND SUPPORTED BY:



Avoid plastic packaging...virtually every piece of plastic ever made still exists in some shape or form!

## St Monica's Primary School

**Pupil Free Day**  
**Friday 14<sup>th</sup> June**

**8am – 6pm**

The YMCA will be operating full day care on this day.



To secure your place log into My Family Lounge and place a casual booking or contact us on **0400 160 933**

or email

[stmonicasandkangaroo@thp@ymca.org.au](mailto:stmonicasandkangaroo@thp@ymca.org.au)



## Free dental screening

Bendigo Health is offering free dental screens to students at St Monica's Primary School

**Monday 17<sup>th</sup> - Friday 21<sup>st</sup> June**

**Has your child's Consent form been returned?**

As part of this assessment a report will be provided to parents/guardians with our findings and recommendations.

**Consent forms due back**  
**6/6/19**

If you have any questions please contact Bendigo Health Dental Service on ph: 5454 7994.



make(the)change

[www.actsmart.act.gov.au](http://www.actsmart.act.gov.au)



# COMMUNITY CONNECTIONS

## Mini Monica



## Storytime

Do you have a preschooler or toddler at home? Bring them along to Mini Monica Storytime. A morning of stories, songs, nursery rhymes and fun that will nurture your child's love of reading.

**EVERY FRIDAY OF THE SCHOOL TERM  
IN THE LIBRARY  
9:10AM – 9:50AM**

**St. Monica's Primary School**  
91 High Street, Kangaroo Flat (03) 5447 7832



## Winter Coat Drop



Looking for something rewarding to do this weekend?

How about doing a spring clean in Winter. Tired of those unworn coats, jackets and winter woolly jumpers taking up all of the space. Haven't worn them in how many seasons?? Bring in your CLEAN items and drop them in the basket by the canteen.

All shapes and sizes welcome.

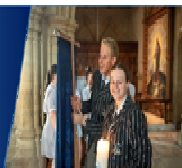


All items will be distributed within our Catholic school communities.

**ENROLMENTS  
Now Open**



Visit our website  
for details  
[www.marist.vic.edu.au](http://www.marist.vic.edu.au)



## ENROL NOW

**ENROLMENTS FOR YEAR 7, 2020**  
Close on Friday 7 June 2019



**CATHERINE  
McAULEY  
COLLEGE**

## ENROL NOW

**ENROLMENTS FOR YEAR 7, 2020**  
close on Friday 14 June 2019  
for new and current CMC families.

**PROSPECTUS & ENROLMENT FORM**  
available from CMC website

 [www.cmc.vic.edu.au](http://www.cmc.vic.edu.au)

### COLLEGE TOURS

Tuesdays 4 June & 6 August  
Coolock Campus, Junortoun

### ENQUIRIES & BOOKINGS

Mrs Audra Petri, College Registrar  
☎ 5449 3466 ✉ [info@cmc.vic.edu.au](mailto:info@cmc.vic.edu.au)



A Ministry of Mercy Education Ltd ABN 69 154 531 870

Good luck to our choir who are performing at the Bendigo Ullumbarra Theatre today.



**Our Next working Bee will be  
Scheduled for  
Thursday June 13th  
4.00pm**





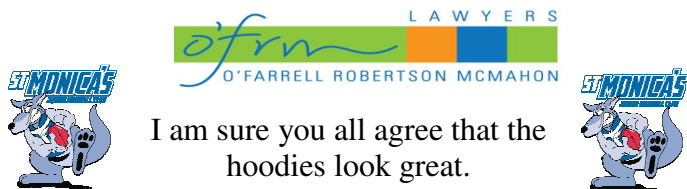
## SPORTS

### St Monica's Junior Football Club

#### Footy News

#### Footy News

A huge thank-you to our new hoodie sponsor:



I am sure you all agree that the hoodies look great.

We are taking expressions of interest to do a second hoodie order. If any adults are interested in ordering one, the cost will be \$50.

Contact Di on 0431485687.

Thanks once again to our weekly awards sponsors

**Rebel Sports**

**Baker's Delight**

**Bendigo Ice-Creamery**

**The Zone**

Please remember to support these businesses and mention that you are from St Monica's JFC when you do.

**This weeks games are:**

Under 10's V Huntly Hawks @ 9am at Crusoe Oval

Under 9's V White Hills @ 9am at Crusoe Oval

**Good luck and have fun!**

#### NETBALL NEWS

Please remember all our Coaches and Team Managers are "VOLUNTEERS"

We would like to THANK them for all their time and effort during this week, being volunteer week.



**Please note we do NOT play June 8<sup>th</sup> as it's**

**Queens Birthday Long Weekend.**

**Please support our 2019 sponsors being:**

*Bendigo Ice Creamery - Fountain Court Bendigo*



#### Election Day BBQ

A huge thank -you to the Don KR and the Cleary family for the donation of sausages also all the parents and students that volunteered their precious time on Saturday May 18th for the Election Day BBQ.

The school raised **\$755.00**



Fab friends!

On Wednesday we did yoga with both of the Fab Friends groups. These are made up of grade three girls from all the grades. Evie's mum Amanda was leading the group we think she is a good leader and she taught us some relaxing yoga techniques. The positions were calming, we were sitting on a mat in a circle. We all had a great time learning yoga. By Mary and Grace.



Yesterday at St Monica's primary school in Fab Friends we did yoga with my mum Amanda Lowe it was amazing. It was very relaxing and calming but also challenging. You should try it! It was so much fun.

By Evie Lowe



# Be Safe Award

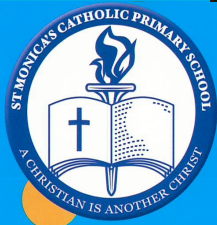


Awarded to



Signed: R Johnson

Date: 31/05/2019



Be Safe Be Friendly Be a Learner

# Star Reader

Congratulations to these students who received a Scholastic Star Reader Award. These students were recognised for showing their commitment to reading in their own unique way.

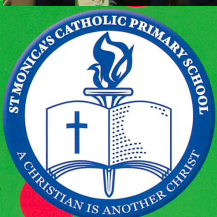


# Be a Learner Award



Signed: R Johnson

Date: 31/05/2019



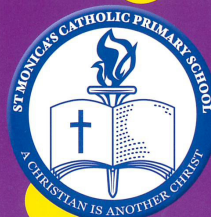
Be Safe Be Friendly Be a Learner

# Be Friendly Award



Signed: R Johnson

Date: 31/05/2019



Be Safe Be Friendly Be a Learner



# *Congratulations*

*2019 Sacrament of Confirmation and Eucharist Candidates.*

*Harry Allison  
Eleni Anastasi  
Sophie Barras  
Ashlyn Bird  
Elliot Bird  
Ella Byrne  
Jessie Byrne  
Aston Crouch  
Jade Dangar  
Harry Dunn  
Claudia Fitzpatrick  
Ethan Fletcher*

*Leni Gallagher  
Amelia Gardiner  
Abbey Goudge  
Eliza Ladner  
Maggie Lamb  
Callum Mangan  
Jake Mannix  
Chloe McCullough  
William McCullough  
Marley Mclean  
Liam Monro  
Alyssa Mulder*

*Kellian O'Brien  
Tahlia Pluck  
Sophia Renato  
Daphne Reyes  
Yasmin Scott  
William Smith  
Oliver Steen  
Noah Stewart  
Mahalia Tully  
Corey Van Zeyl  
Hannah Wilson*

